



Penfield Youth Lacrosse and the RALL Rules

5/9/2006

Penfield Youth Lacrosse plays it's spring lacrosse schedule in the Rochester Area Lacrosse League (RALL).

As of this writing, Penfield Youth Lacrosse is in 100% agreement with the "Rules of Play" as shown on the RALL website (<http://www.rochesterlacrosse.org/>).

We will do our best to teach and reinforce this set of rules for game play.

Particularly for Boys 3/4 and Boys 5/6 play, the RALL rule on body contact needs to be highlighted:

"No body contact may be initiated with the torso either offensively or defensively (PLAY THE BALL!!). Incidental body contact is to be expected i.e., ground balls."

Towards this end, we encourage ALL coaches within the RALL system to teach the above and then follow these guidelines for game play:

- 1) Always carry a copy of the RALL rules.
- 2) Huddle with the ref and other coach BEFORE the game. Point out the RALL rules and note that if the game does not follow RALL rules, the game may be stopped.
- 3) If the game heads in an unsafe direction, coaches are to stop the game and again huddle with the ref and opposing coach. Try to iron it out by referring to the RALL rules.
- 4) If all are in agreement, coaches get a minute to review with players and play continues.
- 5) If body checking or other unsafe play continues, call the game off. End it right then and there. Go home. It is NOT worth risking a child getting hurt at this level!

Penfield Youth Lacrosse parents NEED TO BE AWARE that #5 on the above list is a possibility, and may occur just a few minutes into a game if the situation warrants. Please understand and support the coaches as they work through the above process.

Paul Jordan
President, PYL